

Metros register 6-4 win over Mason City

DES MOINES — The Sioux City Metros got off on the right foot in the Iowa High School Hockey League playoffs here Friday night, clipping Mason City 6-4.

Sioux City never trailed, although Mason City managed a 2-2 knot after one period.

A four-goal middle frame by the Metros gave them a four-goal cushion heading into the final 15 minutes and although Sioux City went scoreless, goalie Jeremy Lund allowed only two of 12 shots to get past him.

Six different Sioux City skaters scored goals, but Ross Van Rooyan, a junior at East High School, and Bert Post, a junior at North, each added two assists for three-point nights.

Van Rooyan and Post got their goals the first period while Burke Lake, T.J. Reinsch, Brett Austin and Shane Keith flashed the red light in the second period.

Niklas Hudin and Jeremy Scheetz divided the Mason City goals.

The win, Sioux City's 12th against nine losses, puts the Metros into the semifinals at 4:15 p.m. today against

West Des Moines Valley-Dowling, the undefeated regular-season champion which won 20 games. Valley-Dowling topped Ames 9-4 Friday.

The Metros lost to Valley-Dowling 7-2, 6-3, 6-3 and 8-3 during the regular season.

The tournament, taking place at the Des Moines Ice Arena, concludes Sunday.

First period: 1, Sioux City — Ross Van Rooyan (Bert Post, Burke Lake) 6:50. 2, Sioux City — Post (Shane Keith) 7:50. 3, Mason City — Niklas Hudin (Jeremy Scheetz, Mark Peterson) 12:57. 4, Mason City — Scheetz (Dan Nelson) 14:35. *Penalties:* None.

Second period: 5, Sioux City — Lake (Van Rooyan) 1:13. 6, Sioux City — T.J. Reinsch (Chris Sorum) 2:26. 7, Sioux City — Brett Austin (Van Rooyan, Post) 9:54. 8, Sioux City — Keith (Chad Allen, Dale Frerichs) 12:13. *Penalties:* Allen, SC, double minor, 3:33; Allen, SC, 9:37; Chris Peterson, MC, 11:47; Frerichs, SC, 14:21.

Third period: 9, Mason City — Hudin (Derrick Johnson, Mark Peterson) 1:31. 10, Mason City — Scheetz (Mark Peterson, Hudin) 8:36. *Penalties:* Austin, SC, 1:08; Frerichs, SC, 4:06; Donnelly, MC, 8:36; Post, SC, 8:36; Lund, SC, 8:42; Bahnsen, MC, 9:35; Lake, SC, 11:10; Austin, SC, 13:34; Chris Peterson, MC, 13:44; Post, SC, 14:09; Scheetz, MC, 14:09.

Score by periods:

Sioux City.....	2	4	0	—	6
Mason City.....	2	0	2	—	4

Shots on goal:

Sioux City.....	10	11	5	—	26
Mason City.....	10	12	12	—	34

Goalies: Sioux City, Jeremy Lund; Mason City, Matt Swanson.